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Wisdom, Wonder, Witness

Direct from the Office

by Sister Anne

Robinson, SND

What's new in the office décor these days includes Black Colombian Rag dolls; a bright red banner embroidered by the women of Choibá, a women's cooperative in Chocó, Columbia that proudly proclaims "An Evangelization That Liberates Women;" piles of information on the Somali Bantu; plans from "Welcoming the



Stranger," a task-force in the Diocese of Cleveland attending to immigrants and refugees; stacks of documents and articles on human trafficking especially of women and children; scripts for presentations on elder abuse, and the copies of the revised document, *When I Call for Help* to be used together with the domestic violence manual.

Apart from the mental picture you might have of chaos, you will also find in the mix some exciting clues about the direction of the Office for Women this year. Debbie Marsey's articles on her trip to Colombia and her meeting with two women's groups in the diocese of Quibdó introduce you to the valiant women of Colombia. Several events here in the Cleveland diocese have highlighted the products these women create in order to provide a living for themselves and their families and have shared the story of war, destruction and

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Experiencing the Cleveland-Quibdó Connection

by Debbie Marsey

It is true that the Spirit of God is found in the most unlikely places and in the most unusual ways. Traveling to the Diocese of Quibdó in Colombia (my first trip outside of the United States) was not my plan, but it was God's plan for me.

The connection between the Dioceses of Cleveland and Quibdó began in 2001 when Catholic Relief Services sponsored the visit of a priest from Colombia who wanted to share information about the horrible conditions in his diocese. This was the first in what has become a series of visits connecting Cleveland and Quibdó.

Sr. Alicia Alvarado, Director of the Hispanic Ministry Office, and Father Bob Begin from the Commission on Catholic Community Action, have traveled to Colombia as a show of solidarity with the people and to offer them the support of the Cleveland Diocese. Because of the special connection between members of the



Mother and Child in Quibdó

diocesan pastoral team in Quibdó with a number of women's groups, I was included in the group traveling from Cleveland to Colombia last April.

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Experiencing the Cleveland-Quibdó Connection *continued from page 1*

In anticipation of the trip, I studied the long-standing and complicated history of political and economic unrest in Colombia. I became aware of the ruthless struggle among various groups to own and control areas rich in oil, coal, gems and other natural resources. I came to recognize the devastating effects of this rivalry on the lives of the people including murder, torture, and kidnapping. I learned that the *displaced* are those who are forced to flee their homes and resettle in another part of their own country because of the violence and human rights violations which occur in or near their homes. I readied myself to experience a way of life much different than my own. In the end, I finally discovered that none of these things could prepare me for the brutal nature of daily life in Quibdó, home to hundreds of displaced families.

Here, people forced from their homes and from a way of life familiar to them live in tenement settlements and struggle to keep



Women create crafts that are marketed in the cooperatives.



Homes of the displaced in Quibdó. Nothing prepares a person to see the deprivation in these refugee villages.

their families alive from day to day. Most cannot find work; many are hungry. They mourn the loss of loved ones who have died or disappeared, victims of a conflict they did not start and do not wish to have.

I encountered women in the most destitute circumstances who desire a better life for their children. I met parents willing to make any sacrifice to send their children to school. I gathered with mothers and fathers who long for nutritious food and clean water, and medical treatment for their families. They are people who wish to feel safe in their own homes. I found in the people a deep love for the land and a desire to keep it intact for those who will come after. As I listened to them, my understanding of what it means to be displaced changed from an intellectual concept in my head to an experience of my heart.

When all is said and done, it is not the differences about the life and people of Quibdó that I will remember best, but the fundamental ways in which we are alike. They want for themselves and their families what I want for me and mine. All things considered, I

have what I want; the people of Quibdó do not. They can only dream, hope and pray.

Looking back over the months since my trip, I have come to know that the world will never look or feel quite the same again. I see myself and my way of life more clearly – the good and the bad. I carry the memory of the people I encountered in Quibdó with me always. They come to mind not only when I think about what it means to be poor or forgotten, but also when I reflect on the true meaning of strength, generosity and courage.

My favorite blessing is the one that says, "...May Our God's face shine upon you and be gracious to you! May Our God look kindly upon you, and give you peace!" It was God's face I saw in the faces of the people of Quibdó. In them, the radiance and wonder of the divine did shine. What a grace-filled experience it was to have had that light shine on me. I am truly blessed for having been in their presence.



Introducing the Women of Choibá and OREWA

by Debbie Marsey

Although the trip to Colombia was full of once-in-a-lifetime moments, my most profound and enjoyable experiences came from meeting with the various groups of women in Quibdó. The women from two of the groups, Choibá and OREWA, invited me into their lives, and with great pride and patience (I don't speak Spanish and they don't speak English) they told me their stories. Some of my most vivid and beautiful memories of Quibdó come from them.

Choibá and OREWA are the names chosen by the women for their respective groups. The women in each group come together, and under the direction and guidance of members of the diocesan pastoral staff of Quibdó, they learn skills which enable them to provide for their families.

The women of Choibá are for the most part Afro-Colombian, indicating that they are descendents of the Africans who were taken into slavery to work the mines and plantations of Colombia. The women of OREWA come from indigenous groups meaning their ancestors are native to Colombia. All of the women share a common experience—they and their families have been displaced from their homes and now live in one of the many tenement-like areas of Quibdó.



A woman of OREWA

The women take great pride in their work and are very grateful for the opportunity to earn the money they so desperately need for food, clothing, and other bare necessities. They are eager to share the articles they produce with others. The Office for Women is working to continue the connection with the women of Choibá and OREWA by exploring various avenues to bring products into the United States.



Ursula, a lay missionary from Germany, with women of the arts and crafts group. The banner they are holding reads, "An Evangelization that Liberates Women."

From the Women of Choibá Arts and Crafts...

We are the women of the Choibá craft group. Choibá is the name of a tree that grows in our country. The tree has deep roots and strong branches and is very difficult to kill. It will live even under the most difficult circumstances. This name is a good one for our group.

Eight women form the core of the group and over 100 women and girls have been trained to lead workshops in Arts and Crafts. The group was started by Ursula, a lay missionary from Germany who has lived in Quibdó for twenty years and is a member of the pastoral team from the diocese. She has taught us many skills including needlepoint, sewing and crocheting, and has provided us with the materials we needed to begin.

Ursula also helps us understand the political situation that displaced us from our homes and forced us to relocate to Quibdó. We share the hardships we have experienced in moving our families, finding work and shelter in a new place, and mourning the loss of family members to the violence that is all around us. This helps us to carry our sadness and gives us strength and hope to go on.

Our group meets two times during the week to work on projects. After our sessions, each woman returns home to continue working on her piece until it is finished. We make dolls, bags, aprons, potholders, tablecloths, bedspreads, and clothing using crochet or embroidery. Selling the items we create provides us with an income to help us maintain our families. In addition to our individual projects, every Friday, Saturday and Sunday, two women from our group travel to different parishes and visit groups of displaced to teach workshops on embroidery and crochet. Sometime soon, we hope to create a catalogue of the items we make so that we can take orders.

Thank you for your interest in our work. We are proud that you enjoy the things we have made and are willing to assist us by purchasing items or placing orders. We hope you remember the women of Choibá each time you look at what we have created.

Church Studies Spirituality of Women in the Workplace

Women of the Diocese of Cleveland will have the opportunity to join a study by the Catholic Church concerning women, how they live out their faith in the workplace and the challenges and opportunities they encounter.

Coming from the Family, Laity, Women and Youth office of the USCCB, is a report on the first phase of a study, directed by the Bishops' Committee on Women in Society and in the Church, exploring the relationship between women's spirituality and their employment outside the home. Seventeen arch/dioceses involving 292 women took part in focus groups conducted over a two-month period, from late November, 2002 until late January, 2003.

The responses of these focus groups are summarized at <http://www.usccb.org/laity/women/focusgroups.htm>.

In August, 2003, the Most Rev. Edward P. Cullen, Chairman of the Committee on Women in Society and in the Church, wrote the Most Rev. Anthony Pilla inviting the Diocese of Cleveland to join in the second phase of the study.

The current study will involve women employed outside the home but *not* working directly for the Catholic Church.

The Office for Women in Church and Society will be coordinating this project in the diocese. Further information will be coming about the process as soon as dates and locations are finalized. All reports are due to the National Committee by



March 31, 2004. A summary report will be sent to all participating dioceses.

Thea Bowman Awards Slated for November

The Office of Ministry to African American Catholics and the Pastors and Staffs serving the African American Catholic Community have collaborated to honor African American Women in the Spirit of Sr. Thea Bowman, FSPA. Awards will be presented at a dinner, Saturday evening, November 15, 2003 at 6:00 p.m. at the Holiday Inn – City Center Lakeside. Sister Anita Baird, DHM will be the keynote speaker.

The "Thea" Award will be given to women in the African American Community who

Associates Share Spirit and Mission of Religious Communities

Increasingly, women and men are choosing a relationship with a religious congregation known as "association." They are seeking to deepen their life of faith by a formal association with a religious congregation whose spirit, spirituality and mission attract them. Associate relationship is a way in which adults outside the vowed membership, living an independent lifestyle as married or single, can share in the mission and goals of a religious congregation. It provides the opportunity for spiritual and social gatherings, deepening their spiritual life through liturgical and personal prayer, sharing their gifts and talents with their families, their parish, diocese and the religious community.

According to a recent study by the Center for Applied Research for the Apostolate (CARA) at Georgetown University, there are more than 27,400 women and men in formal associate programs with religious institutions in the United States. Women outnumber men among associates by about seven to one.

Each religious institute has its own

have provided strong and effective leadership and service. Award recipients foster educational opportunities, demonstrate strong personal faith and compassion for others and have an intense interest in encouraging Black Catholic identity. They continue to dedicate their time and talents to evangelization efforts in the African American community and are concerned with and sensitive to the social teachings of the Church.

Sister Thea Bowman, a Franciscan Sister of Perpetual Adoration, lived life with hope, love and justice for all people. A tireless



advocate, Sister Thea always educated and preached about the need to break down racial and cultural barriers. Her spirited presentations which combined singing, gospel preaching, prayer and story telling inspired

all to live deeply the Christian values of justice and peace. Sr. Thea died on March 30, 1990 of cancer.

For further information about the 2003 Thea Awards event, contact the Office of Ministry to African American Catholics, (216) 696-6525 ext. 3010/3020 or (800) 869-6525 ext. 3010/3020.



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Direct from the Office

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displacement of hundreds of women and children. It is our hope here in the Office that we can cooperate with the other agencies in the Cleveland diocese that are advocating for these people. We would also be very happy to share their story with parish groups that might like to be more informed on the issue. Because of our participation on a diocesan committee entitled, "Welcoming the Stranger," we are currently working on strategies for engaging parishes and other groups in responding to two populations within the diocese in need of attention: migrants and refugees.

"The Church of the twenty-first century requires a profound conversion in spirit and in its institutions to reflect its own cultural pluralism."

US Bishops, 2000

Associates

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description of associate membership, but most have a period of official formation where candidates for association learn about the institute's charism and mission. After the time of formation, associates make a formal commitment for a specified period of time. This commitment can be renewed.

Most religious congregations serving in the Catholic Diocese of Cleveland sponsor associate programs and welcome inquiries. Web sites for the respective congregations often have details about their associate programs as well as contact information for those wishing more information.

We are learning that especially in the southern part of the diocese, there is a rise in the number of women and children who are joining the migrant communities. The issues of health care and education are particularly urgent. We have also learned that the Office of Migration and Refugee Services is expecting over 100 Somali Bantus to arrive in Cleveland later this fall. These people have been living in refugee camps for years and have finally been given clearance to enter the United States. Again, the women and children will need special attention in the resettlement effort.

The Greater Cleveland Roundtable on Elder Abuse and Domestic Violence has invited the Office to join their efforts to educate persons in pastoral roles about the rise in abuse of the elderly and how to help in such situations. Members of the Roundtable are available for presentations to groups and are more than willing to meet with groups both large and small.

The Office for Women in Church and Society is hosting two workshops in the Ashland, Medina, Wayne District in the fall to introduce the manual *Breaking the Silence: A Pastoral Response to Domestic Violence*. The revised edition (2003) of the Bishops' Statement, *When I Call for Help*, will be included in these presentations. Copies have already been sent directly to all parishes in the Diocese of Cleveland. A further direct mailing to all parishes in September provided materials and invited parishes to enter into the observance of Domestic Violence Awareness Month in October.

Other initiatives of the Office this year include joining the USCCB discussion about women's spirituality and the workplace, planning our annual major event in the spring, and maintaining the usual services of the Office.

We are looking forward to an energizing year and hope that you will join in these endeavors to the extent that you are able. Information will continue to be sent to all on our mailing list as plans develop.

October Is More Than Halloween

October is a month rich in women's celebrations and women's history. Here are a few events and persons to remember this October.

In the Catholic tradition, this month is dedicated to Mary under her title, Our Lady of the Rosary.

It is also a month that celebrates some outstanding women of the Church:

Oct. 1 St. Theresa of the Child Jesus

Oct. 7 Our Lady of the Rosary

Oct. 9 Mother Mary Joseph Roger, co-foundress of the Order of Maryknoll Sisters, first American congregation of women dedicated to the work of the foreign missions

Oct. 12 Carryll Houselander – English poet, artist and mystic

Oct. 15 St. Teresa of Avila

Oct. 16 St. Hedwig
St. Margaret Mary Alacoque

Oct. 23 Five Adorers of the Blood of Christ - American women missionaries in Liberia killed in 1992.

Nationally, we recognize

Domestic Violence Awareness Month

Breast Cancer Awareness Month

National Grandmothers' Day

2nd Sunday

Historically, we commemorate the following significant steps related to women's rights:

Oct. 23, 1915: 25,000 women march for suffrage, New York City

Oct. 29, 1966: NOW founded

Oct. 7, 1975: Women authorized to enter US service academies



Woman Writer Shares Life, Insights on Native American Experience

by Sister Eileen Quinlan, SND, PhD

Note: This is the first of a series of articles on women writers. The author, Sr. Eileen Quinlan, SND, PhD, teaches in the English Department, Notre Dame College, Cleveland, OH.

To mark Native American History Month in November, consider sampling the work of Louise Erdrich, a contemporary novelist who draws on her Ojibwe (Chippewa), German-American, Catholic background in creating her stories.

A thoughtful and spiritual woman and mother, poet and novelist, Erdrich creates portraits of extended families in which many characters learn to use relational skills that are often identified as “feminine” or “masculine.” In particular, women and men learn to mother the children and gather the families which are often scattered by violence, alcohol, war, and poverty. Her interest in traditional spirituality, balanced by her life-long Catholic faith, is reflected in her characters’ efforts to find God and love.

Erdrich takes a hard look at the suffering and progress of Native Americans who find ways to adapt to, absorb, or escape

“American” ways. She has a whimsical sense of humor, real reverence for tradition and faith, and a poetic style. She often tells the story through multiple narrators, inviting the reader to consider how difficult it is to reduce the problems of human life to simple solutions, since there are often many versions of “the truth.”

Several of her novels trace the struggles of a particular Ojibwe clan who, like Erdrich’s maternal ancestors, call the plains of Minnesota and North Dakota home. The saga begins in *Tracks*, which opens in 1912 as the US treaties with the Native Americans are signed. Erdrich follows this extended family through the Depression, the Fifties, and Vietnam, to the present day, in *Love Medicine*, *The Bingo Palace*, *The Beet Queen*, *Tales of Burning Love*, and *The Last Report on the Miracles at Little No Horse*.

Slightly more magical in style and structure, *The Antelope Wife* incorporates Native American mythology, the history of the Indian wars, and contemporary Native American life in Minneapolis. In her most recent novel, *The Master Butchers*

Singing Club, Erdrich draws on the experience of her German immigrant grandfather, tracing the damage done by World Wars and Indian wars to three generations of a North Dakota family. Erdrich has also published poems (*Jacklight*, *Baptism of Desire*, and *Original Fire*—new this fall), and *The Blue Jay’s Dance*, in which four seasons pass while she and her family raise a new baby in rural New Hampshire. With her late husband Michael Dorris, Erdrich wrote *The Crown of Columbus*, historical fiction about American writers in the West Indies, written in observance of the anniversary of 1492.

Erdrich has also written three children’s books about Native American life on the plains: *Grandmother’s Pigeon* and *The Range Eternal*, both for children in grades K-3, and *The Birchbark House*, for grades 4-6. Teachers and parents might generate critical thinking and conversation with children by pairing these books with the Little House books of Laura Ingalls Wilder.

Looking Ahead

If you are already thinking about Advent and Christmas, you might need to know that The Office for Women will **not** be publishing an Advent Reflection Booklet this year.

We encourage you to check out religious bookstores in person or on-line to see all the great publications for the season that are available.

We have appreciated all your kind comments about our booklets and your faithful patronage.

Feed the Hungry

Each fall, thousand of churches around the country observe *Bread for the World Sunday* as an opportunity to renew their commitment to ending hunger in God’s world. While most churches will choose to celebrate on October 26th, many others pick a Sunday between World Food Day, October 16 and Thanksgiving, November 27 to give worshippers an opportunity to make a long-term commitment to end hunger.

Check out <http://www.bread.org> and follow the links on this site to free materials available to all churches to help plan a local observance of *Bread for the World Sunday*.

Coming
Up



Time for Reflection

- Sun. Oct. 5** *Women as Spiritual Friends and Companions*
Jesuit Retreat House
- Fri. – Sun. Oct. 10 –12** Jim Finley will conduct a retreat at the St. Joseph Wellness Center. Call Sr. Helen Ann Brown 216-252-0440 for information.
- Sun. Oct. 12** *A Pilgrim’s Quest: In the footsteps of Francis of Assisi*
St. Joseph Christian Life Center
- Tues. Oct 14** *Our Blessed Mother*
Jesuit Retreat House


**WOMEN
WANDERING THE
WEB**
www.spiritualityhealth.org

A great site for a broad approach to holistic living. Check out recent films and books for reviews as well as suggestions for using either or both for discussions or presentations. There are lots of other helps for wellness.

www.simpleliving.net/news

In the “articles” section of this on-line newsletter, find an excerpt from the book, *Simple and Frugal Wedding Gift Ideas*, by Nancy Twigg. A practical list of gift ideas for newlyweds might help you when you get your next shower or wedding invitation.

<http://macrinawiedker.com/index.htm>

Sister Macrina Wiedker, OSB, presenter at Mardi Gras, 2003, sent us her new web page address with an invitation to visit. It contains information about Sister Macrina, her writings, some prayers, a list of favorite books and films and many other points of interest.

<http://www.catholicwomenatwork.org>

Though much of this site is still under construction, it is worth perusing. Part of the organization’s mission statement reads: “We believe this forum hold great promise for the clients and industries we serve, for our work product, for our culture, and for the generations of working women to come. This belief is based on the conviction that religion, ethics and personal responsibility are compatible with professional success.”

Some Nuggetts from *Menopause and Beyond*

Check out the various websites identified below for more information on the topic.

- The average age for menopause in the United States is 51.3 years; premature menopause is before the age of 40.
www.mamashealth.com
- Most women do not drink enough water. Being dehydrated predisposes us to an increased occurrence of urinary tract infections. www.niddk.nih.gov/federal/planning/area10.pdf
- Declining levels of estrogen have been associated with heart disease and osteoporosis.
- Osteoporosis is known as the pediatric disease with geriatric manifestations. A lack of calcium during teen years is directly connected to the development of osteoporosis in later years. The average age for peak bone density is 35. <http://womenshealth.about.com/library/blmenopause3.htm>
- The *second* most frequent *type* of cancer in women is breast cancer; the most frequent is cancer of the lung. (Directly connected to the rise in the number of women who smoke.) <http://womenshealth.about.com/library/weekly/aa09218.htm>
- The risk factors for Coronary Artery Disease (heart attack) in women include: smoking, high blood pressure, family history, obesity, diabetes and inactivity. Age is also a factor – as a woman approaches menopause, her risk for CAD skyrockets. <http://womenshealth.about.com/cs/menopause>

Mulling Menopause by Debbie Marsey

The intellectual approach has always been the one that is most natural for me. This means that while some might meditate, pray, exercise, or work in the garden to help them cope with the challenges, questions or difficulties of life, I take a class. Anyone knowing my most recent classroom experience could guess my current life issue. A few weeks ago, I signed up for a one-day seminar about menopause.

The class, entitled, *Menopause and Beyond*, was an intensive six-hour study of the physiology of menopause including HRT (hormone replacement therapy for all who might still be blissfully ignorant of this term), breast cancer, Alzheimer’s disease, nutrition, exercise and much more. I learned in graphic detail about the effects of reduced estrogen on every system in the body.

As I listened and took detailed notes, it became increasingly difficult to hang on to the idea that, “I am too young for menopause.” The class proved beyond any doubt that while parts of my body had been announcing the arrival of the next stage of my life for quite some time, the rest of me had not been listening. Illusions

that had floated somewhere in my subconscious since I was in my teens - that I was never going to be as old and middle-aged as my mother, that I would never have to worry about cancer or a heart attack, that I had all of my life in front of me - died right then and there in that conference room.

In the days and weeks since the class, I have been grieving the loss of those illusions in big and small ways. I will probably do so for some time to come. The process reminds me that as with all of the inevitable realities of life, there is really only one important question, “How will I respond?” If there truly is “no way out but through,” then making it through with style and grace is everything. The struggle continues.

Menopause and Beyond was a good place to begin grappling with the challenges of the physicality of mid-life. I have a nagging feeling, though, that this is only one piece of a much larger puzzle. Does anyone know where I can find a good class on the emotional and spiritual challenges of midlife?

Book Review

Truly Our Sister: A Theology of Mary in the Communion of Saints, Elizabeth Johnson

Here are two reviews that are very representative of the responses to this new book by Elizabeth Johnson. Its popularity has already depleted the bookstores. Most are indicating a waiting time of one to several weeks to fill orders. The book is a selection of the Catholic Book Club.

“Elizabeth A. Johnson, C.S.J....has now published a major theological study on Mary, and it is a very impressive work—comprehensive, erudite, critical, and passionate....What she has achieved is deeply admirable....This is a remarkable piece of work, an extensive tour of recent New Testament scholarship and its use of different methods and theoretical frameworks, leaving none of these familiar

passages unaffected by critical questioning and fresh readings.”

—*Commonweal*

”...it was well worth the wait....The author’s impressive comprehension of the method of feminist theology shines throughout....It is difficult to find flaws in this work....[a] scholarly, well researched, beautifully written and theologically profound book.”

—*America*

Patrons and Protectors: Occupations

Michael O’Neill McGrath

Anyone looking for a contemporary lives of the saints will want to take a look at a series by Michael O’Neill McGrath, published by Liturgy Training Publications. The title above is one of three in the series that features large illustrations, a brief history of the saint, art notes, and a note from someone in the particular occupation today. The books are 64 pages, hardcover, 10x10 and a delight to peruse. LTP also has just the prints available for framing.



Sacred Silence: Denial and the Crisis in the Church, Donald Cozzens

In his own words, “This book is an attempt to answer the question, “What are we afraid of?” and to address the deeper questions “Why are we afraid?” “Why is the institutional church so defensive?” “Why is it so controlling?” How is it that a church that is the bearer of the Word and the champion of the oppressed can maintain unholy silences while denying that obvious pastoral and ecclesial problems, indeed crises, even exist?” Donald Cozzens, a priest of the Diocese of Cleveland, currently teaches religious studies at John Carroll University.

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