Why Choose Catholic Charities?

As one of the largest comprehensive health and human services organizations in the region, Catholic Charities carries out Christ's healing mission here in Northeast Ohio. We provide help and create hope for all people. We value the dignity of every person - regardless of religion, race, identity, or beliefs. We believe in the transformative power of professional, competent, evidence-based behavioral health services.

Our Services

Our counselors offer guidance to those who are dealing with issues that affect their mental health and well-being. Catholic Charities works to help our clients define goals, plan action, and gain insight by using a talk therapy within a strengths-based wellness approach tailored to clients' needs.

We offer individual counseling, family and couple counseling, children and teen counseling, and substance use counseling.

Areas of Treatment Include:

- Depression
- Anxiety
- Grief
- Caregiver Burnout
- Relationship Issues
- Stress Management
- Domestic Violence
- Bullying
- Traumatic Stress
- Anger Management
- Illegal Drugs
- Prescription Abuse
- Suicidal Thoughts
- Impulsive Thoughts
- Eating Disorders
- And more

Office Locations

**Ashland County**  
Catholic Charities, Ashland County  
34 West 2nd Street  
Ashland OH 44805  
419.289.1903

**Cuyahoga County**  
Catholic Charities Covenant Center  
1515 West 29 Street  
Cleveland OH 44113  
216.939.3700

**Geauga County**  
Catholic Charities, Geauga County  
602 South Street, Suite D1  
Chardon OH 44024  
440.285.3537

**Lake County**  
Catholic Charities, Lake County  
8 N. State Street, Suite 455  
Painesville OH 44077  
440.352.6191

**Lorain County**  
Catholic Charities, Lorain County  
628 Poplar Street  
Elyria OH 44035  
440.366.1106

**Medina County**  
Catholic Charities, Medina County  
4210 North Jefferson St. Suite A  
Medina OH 44256  
330.723.9615

**Summit County**  
Catholic Charities, Summit County  
812 Biruta Street  
Akron OH 44307  
330.762.7481

**Wayne County**  
Catholic Charities, Wayne County  
521 Beall Avenue  
Wooster OH 44691  
330.262.7836

Cuyahoga FIRST Program

Catholic Charities Covenant Center | 1515 W.29th Street
Cleveland, Ohio 44113 | 216-339-1438

The FIRST program provides comprehensive, team-based treatment aimed at improving the mental health and quality of life for individuals who have experienced a first episode of a schizophrenia spectrum disorder by promoting early identification and providing best treatment practices as soon as possible.

FIRST treatment includes psychiatric care, individual counseling, supported employment/education, family psychoeducation and case management that are all delivered in an integrated way by a six-person team based at a community mental health agency.

Community Based Family Treatment Services

Parmadale | 6753 State Road
Parma, Ohio 44134 | 440-843-5629

Provides home-based mental health assessment, counseling and Community Supportive Psychiatric Treatment (CPST) to children and their families to keep families intact and to prevent the child from being placed outside the home. Services are provided several times a week.

Residential Treatment

Matt Talbot for Women | 7901 Detroit Ave.
Cleveland, Ohio 44102 | 216-634-7500
Matt Talbot Inn | 6753 State Road
Parma, Ohio 44134 | 440-843-5522

Provides residential alcohol and other drug addiction treatment for adults who reside in Cuyahoga County who have received an alcohol and/or other drug assessment and meet the criteria of care as determined by the assessment. Individuals may have co-occurring mental health issues. Residential treatment services are available for men and women.

Matt Talbot Intensive Outpatient Program (IOP)

Matt Talbot for Women | 7901 Detroit Ave.
Cleveland, Ohio 44102 | 216-634-7500
Midtown Professional Building | 3135 Euclid Ave, Suite 101
Cleveland, Ohio 44115 | 216-432-0680
Matt Talbot for Women | 1635 Alameda Ave.
Lakewood, Ohio 44107 | 216-634-7500

Provides alcohol and other drug treatment for adult men and women who are residents of Cuyahoga County and who have been assessed and found eligible for an intensive level of care, typically with substance dependence diagnosis or stepping down from a more intensive level of care. Treatment includes assessment, group counseling, individual counseling, case management, crisis intervention and urinalysis.