

Forming Our Liturgical Lives:

The Meaning of Living Out the Eucharist

Part I

1. After watching this video, what ideas do you have about how to best engage your life with the liturgy?
2. Tell about a time, outside of church, when you were aware that you were part of something bigger than yourself.
3. Describe a time of your life in the church when you were aware of being a member of the Body of Christ.
4. A number of the Early Church Fathers (St. Athanasius, St. Augustine, and more) who said something similar to “God became human so that humans could become God.” Bishop Woost spoke in the video about the liturgy aiding us in our participation in the very life of God. What are your reactions to these statements?

