



Field Day/Spirit Day 2020



3-Legged Race

Kim Dynys - Julie Billiard Schools

Type of Activity: Family Challenge

Equipment Needed:

- ★ Material to tie legs together (strong rope, twine, theraband, towel, etc.)
- ★ Material to determine the start and finish lines (can use chalk lines, spray paint, cones, rope, etc.)

Directions:

1. On the word "Go", you and your partner will work together to walk or run to the finish line. The goal is to be the first pair at the finish line.
2. Have multiple races and switch partners to see how well you work with others. You can even do adults against kids.

Video Link: