



Field Day/Spirit Day 2020



Back Board Bank It

Tami Stamets St. Hilary School

Type of Activity: Individual or Team Challenge

Equipment Needed:

- ★ 5 Sock Balls
- ★ 1 Clothes Basket

Directions:

Place the clothes basket against the wall. Mark a spot 5-10 feet away from the basket. Players toss the sock ball into the basket by banking it off the wall. Retrieve the balls and repeat as many times as possible in one minute.

Video Link: | <https://youtu.be/5umAsI-B8R8>