



Field Day/Spirit Day 2020



Balloon Pop

Patricia Bailes - St. Bridget & St. Rocco

Type of Activity: Individual or Family

Equipment Needed:

★ Balloons and String

Directions:

First: Fill Balloons with Water

Second: Hang them with string in the yard. Ex: Tree limbs, fence, etc.

Third: Children will Jump and Pop Balloons. Jump and Pop as many as you can!

Video Link: