



# Field Day/Spirit Day 2020



## Big Bag Volleyball

Maureen Boucher - St. Gabriel School, Concord

**Type of Activity:** Individual, Partner, or Family

### Equipment Needed:

- ★ Gallon ziplock storage bag
- ★ Timer if you'd like

### Directions:

Zip the bag up, leaving a 1" opening at the side. Blow it up and seal it. Instant volleyball :)

**Challenges:** How many hits can you get before it hits the ground? How long can you and a partner keep it going? Can you keep it going longer than any other member of your family?

**Video Link:** | [Big Bag Volleyball](#)