



Field Day/Spirit Day 2020



Key Exchange

Samantha Scrivens - St. Joseph's, Avon Lake

Type of Activity: Partner

Equipment Needed:

- ★ 2 small, flat objects to stand on (placemats, magazines, piece of paper, etc.)
- ★ 2 keys (or coins, or other small objects)

Directions:

Place your squares on the floor, within arms reach of each other. Under each square, place a key. The larger the square, the easier the challenge. Standing on squares opposite each other, the participants must remove the key from their partner's square without touching the ground. To increase level of difficulty, move the squares further apart.

Video Link: <https://www.youtube.com/watch?v=L-iQpOwVell>