OCIA: PERIOD OF PURIFICATION & ENLIGHTENMENT

Workshop Series, Part 3 Thursday, 6 NOV 2025 Questions? Contact us!

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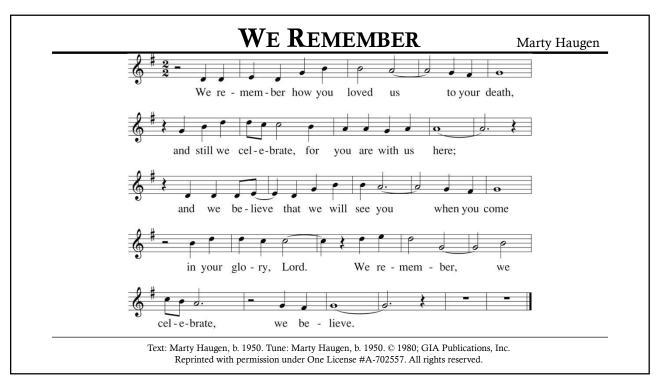
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OPENING PRAYER

Lord Jesus, at your own baptism the heavens were opened and you received the Holy Spirit to proclaim the Good News to the poor and restore sight to the blind.

Pour out that same Holy Spirit on those who long for your Sacraments, and on those who journey with them.

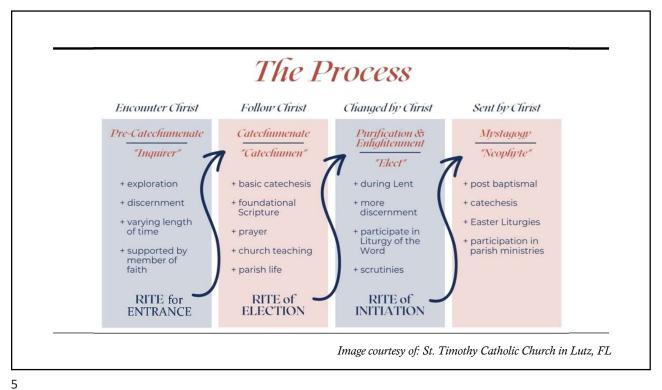
Guide us along the paths of right faith, safe from the contagion of error, doubt, and unbelief, so that with eyes unsealed we may come to see you face to face. Who live and reign for ever and ever. Amen!

(Adapted from OCIA Second Scrutiny Exorcism, #168-B)

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SOME REMINDERS







INTENT OF THE PERIOD OF PURIFICATION & ENLIGHTENMENT



"In this period, the elect together with the local community give themselves to spiritual recollection, so that they may prepare themselves for the Paschal Feasts and for Initiation by the Sacraments. To this end the Scrutinies, the Rites of Handing On, and the Rites of Immediate Preparation are provided for them."

OCIA #138

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ACCOMPLISHING THE INTENT OF THE PERIOD OF PURIFICATION & ENLIGHTENMENT

- More intense preparation of spirit and heart
- Character of recollection rather than catechesis
- · Purify hearts and minds by examination of conscience and penitence
- Lasts the entirety of Lent, from Rite of Election through the rites of immediate preparation on Holy Saturday

+ during Lent
+ participate in Liturgy of the Word
+ scrutinies

RITE of INITIATION



INTENT OF THE THE PERIOD OF PURIFICATION & ENLIGHTENMENT

For Children and Youth:

- Same as for adults: spiritual recollection and preparation for the celebration of Initiation
- Some of the Scrutinies and Rites of this period may be celebrated with the Adult Elect

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Purification & Enlightenment "Elect" + during Lent + more discernment + participate in Liturgy of the Word + scrutinies RITE of INITIATION

BUILD THE TEAM

- Less focus on catechesis and more on prayer: need good pray-ers (in presence and in creativity/range)
- Detail-oriented there are lots of details! i.e., gown sizes, where do they go throughout the ritual, who builds the fire, city ordinances?, seating arrangements, etc.
- · Engage the musicians!
- Connection to the liturgist
- · Priest/deacon more present
- Folks good with discussion/exploring/helping draw out
- Youth specialists



BUILD THE TEAM

For Children and Youth:

- Many of the same qualities as for adults...
- Definitely members who are comfortable with children and have some understanding of development (parent, teacher, catechist, etc.)
- Creative, utilize a variety of approaches and prayer methods
- Gentle and patient
- Sense of humor
- Sense of RITUAL beyond just the rites

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WHAT DO FORMATION SESSIONS LOOK LIKE?

- · More focused on heart than head
- Engage the accompanyers more include opportunities 1 on 1 for the Elect to express themselves comfortably
- Good time for service WITH CLEAR REFLECTION
- Spend time preparing for the sacraments (especially with youth)

- Retreat-like: revisiting some of the catechesis and asking "What does that mean for life moving forward? How are we embodying a new way of life?"
- More praying with Scripture perhaps include some of what they might hear at the Vigil
- Visit topics in peaceful ways: more music, deeper discussion/questions, more silence
- Focus on the ways of Jesus and what he calls us to

FORMATION SESSIONS WITH YOUTH AND YOUNG PEOPLE

- Similar pattern but content/direction of questions adapted
- · More focused on the spiritual growth
- Spend time preparing for the sacraments
- · Look back look ahead
- Move away from "teaching" and take them BEYOND
- Dig deeper at their level: What do you think about ...? Draw a picture of what you hope to do more of...
- Engage Scripture in imaginative ways
- Focus on how service is like being like Jesus
- Focus on friendship with Jesus in a reflective way (that's spiritual for youth)
- Utilize the Examen or some other form of examination of conscience



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SCRUTINIES



"The Scrutinies should be celebrated by a Priest or Deacon presiding over the community, so that the faithful may also benefit from the liturgy of the Scrutinies and intercede for the elect in the Intercessions."

OCIA #145

Community is important, especially in this period – Lent is a time of reflection for all of us! There is a lot of meaning to the Scrutinies for all: Elect adults, Elect young, and assembly); these rituals blend us all together.

SCRUTINIES

The Scrutinies are tied to the three Sundays of Lent using Cycle A readings:

3rd Sunday of Lent – 1st Scrutiny: Woman at the Well

4th Sunday of Lent – 2nd Scrutiny: Healing of the Man Born Blind

5th Sunday of Lent – 3rd Scrutiny: Raising of Lazarus







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TRANSFORMATION OF THE SAMARITAN WOMAN

John 4:5-42

"Jesus answered and said to her, 'Everyone who drinks this water will be thirsty again; But whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life."

- Samaritan woman presents herself to Jesus as a skeptic but becomes a true believer by the end of the reading. Transformed from one who is known to be sinful, who slinks to the well in the heat of the day to avoid the crowds → one whose testimony is so powerfully true that the same townspeople who would have judged her are transformed, too. She ultimately exhibited the actions of an apostle, preaching the gospel to everyone she could and calling them to Jesus. She left her water jug behind her way of life just as the Elect are asked to leave their former way of life behind we are asked to leave our sinful ways behind.
- Remember John's symbolism: The encounter between Jesus and the Samaritan woman is not about clock time (noon – or the brightest point of the day) but about coming into the full light of faith in Jesus Christ.
 Precursor to the next week where the blind man sees with the light of faith
- Water evokes a response from the recipient her eyes are opened (there is
 also a thirst that longs to be quenched.) The assembly examines how they
 live out the promises of Baptism as the Elect examine what holds them
 back from receiving living water.



HEALING OF THE MAN BORN BLIND

John 9:1-41

"His disciples asked him, 'Rabbi, who sinned, this man or his parents, that he was born blind?' Jesus answered, 'Neither he nor his parents sinned; it is so that the works of God might be made visible through him... While I am in the world, I am the light of the world.'"

- As in last week's Gospel about Jesus' encounter with the Samaritan woman, today's reading has many allusions to
 Baptism. The washing of the man in the pool of Siloam is a prototype for Christian Baptism. Through the man's
 encounter with Jesus, the man born blind is healed, his sight is restored, and his conversion to discipleship begins. The
 man born blind gradually comes to a greater understanding about who Jesus is and what it means to be his disciple,
 while the Pharisees (those who should see) are the ones who remain blind.
- God does not always operate in ways that are easy for us to perceive. Pharisees choose blindness. Having their eyes opened will challenge a system that keeps them comfortably in power. What God reveals is not always comfortable or easy. God's light reveals truth that is uncomfortable do we remain in ignorance?
- This is the work of Lent: all the prayer and fasting and almsgiving are meant to illumine places where our lives are keeping us from God, and to aid us in turning away from them, uncomfortable though it may be.
- Jesus has seen the non-entities of the world. Restoring the blind man's sight brings him back to life (a foreshadow of Lazarus) The Elect are actively drawn into faith by Christ, and the assembly is asked to consider their own blind spots.



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RAISING OF LAZARUS

John 11:1-45

"Martha said to Jesus, 'Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask of God, God will give you.' Jesus said to her, 'your brother will rise.' Martha said to him, 'I know he will rise, in the resurrection on the last day.' Jesus told her, 'I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die.'"

- Jarring miracle, wrought with deep emotion. People who have been dead for 4 days do not come back to life. Why
 wait so long to go to Bethany? That's the point of the story. Jesus could raise the dead even after the act of
 resuscitating Lazarus will lead directly to Jesus' own death. This demonstration of Jesus' power over death was a sign
 of his own coming resurrection, and of Lazarus's and ours, as well.
- Jesus is here to bring life, but he brings it in ways that disrupt the order of things to which we have grown accustomed.
- When Jesus calls us to fuller life in him, it is not always comfortable or easy.
 There are often demands and sacrifices we would not have expected and would not have chosen for ourselves.
- The raising of Lazarus is profoundly personal, showing also the depth of grief. Lazarus only emerges from death at an invitation Jesus calls him by name. Christ calls the Elect by name!



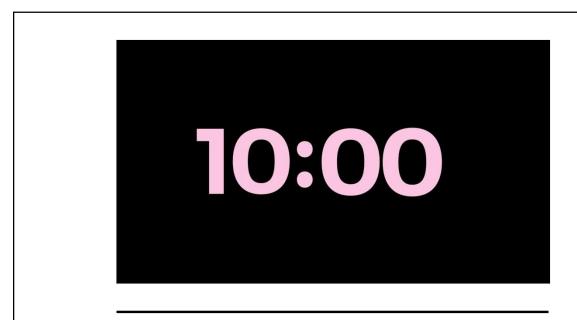


SCRUTINIES WITH YOUTH AND YOUNG PEOPLE

- It may be harder to separate the youth from the adults (Scrutinies are celebrated in liturgy by Priest/deacon) being with the adults at Mass builds in solemnity and sense of the journey moving into regular participation at Mass with adults this is a transition time (they have been formed separately but are moving into community)
- Provide plenty of prep (before) and mystagogy (after): share the gospel stories in advance from Children's lectionary or the Catholic Children's Bible, read the readings ahead (even with teens)
- Talk about imposition of hands and pray over each other at the sessions

 they may not understand "exorcism" but they get that Father is
 praying over them
- · Teach the why of both the readings and the rite

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LET'S TAKE A BREAK!

RITES OF HANDING ON



"In these rites, with the formation of the elect completed or underway for a suitable time, the Church lovingly entrusts to them the texts regarded from antiquity as a summary of its faith and prayer. The 'Rites of Handing On,' by which the Church entrusts to the elect ancient texts of faith and prayer, that is, the Creed and the Lord's Prayer, have the purpose of enlightening them. In the case of the Creed, in which the mighty deeds of God for the salvation of humans are recalled, their eyes are filled with faith and joy. Furthermore, in the Lord's Prayer they discover more deeply the new spirit of sons and daughters by which they call God their Father, especially in the midst of the Eucharistic Assembly."

OCIA #147

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RITES OF HANDING ON

- Handing on of the Creed typically during the week following the First Scrutiny
- Handing on of the Lord's Prayer typically during the week following the Third Scrutiny
- These happen in age-appropriate session (not Mass)
- Follow the ritual!





RITES OF HANDING ON

- Invite families
- Make it nice (parchment/graphics/make it feel important)
- Follow the ritual can use the Children's Lectionary
- Note Loyola has Our Father (and Sacraments) kits for special needs the person can point to images rather than read/speak



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RITES OF IMMEDIATE PREPARATION



"For immediate preparation for the Sacraments:

The elect are to be reminded to keep themselves free on Holy Saturday as far as possible from their usual tasks, and to give time to prayer and recollection and to fast insofar as they are able.

Whenever the elect can be gathered on Holy Saturday to prepare themselves, by recollection and prayer, to receive the Sacraments, the following rites are set forth. As circumstances suggest, all or some of the rites may be used: the Recitation of the Creed, 'Ephphatha', and the Choosing of a Christian Name."

OCIA #185

RITES OF IMMEDIATE PREPARATION

- Make Holy Saturday a day of retreat
- Have sponsors and OCIA team present (intimate gathering)
- Have the team stay for rehearsal dismiss the Elect – and walk through the ritual IN DETAIL so all know their jobs
- Accompanyers can guide the Elect & sponsors where to stand, when to move free them from figuring out details so they can be fully present (ex. Adult Elect who has children: help them figure out who stays with the kids)
- · Know where the newly baptized will change
- **Communicate** time frames/expectations: length of Mass, after baptism it's a quick change, logistics
- Do NOT walk through with the Elect you have explained; let them live it in real time

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RITES OF IMMEDIATE PREPARATION WITH YOUTH AND YOUNG PEOPLE

It is reasonable to have youth with adults, but consider their needs (for rest) – let them go home in between retreat/preparation and the Great Vigil



DISCERNING READINESS TO MOVE ON

What does the transitional ritual ask?



- · Renunciation of Sin
- · Profession of faith

Evidence the Inquirer is ready to move on to the next period: OCIA #139, 142

- Participation in a more intense preparation of spirit and heart, intended to purify heart and mind with a deeper knowledge of Christ the Savior
- Resolve to achieve an intimate sense of Christ and the Church
- Progress in genuine self-knowledge through a serious examination of their lives and true penitence

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DISCERNING READINESS TO MOVE ON

Heart knowledge, not just head knowledge

- Can they authentically renounce sin and profess our faith?
- · Have they come to know and love Jesus? Know God vs. know ABOUT God







DISCERNING READINESS TO MOVE ON

- Can they authentically renounce sin and profess our faith in an age-appropriate way?
- Do they understand sin, right/wrong? Do they know Jesus?
- Young people express their understanding in their way: art, body language, responses/participation
- Remember INITIATION IS NOT GRADUATION! God is working in this!!

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+ during Lent + more discernment + participate in Liturgy of the Word + scrutinies

RITE of

INITIATION

Changed by Christ

TRANSITIONAL RITUAL

Sacraments of Initiation

- What does this Rite look like? see handout
- When & Where is it celebrated? Easter Vigil

Some additional thoughts:

- Remember that "big numbers" is not the goal! We are helping with the transformation of lives
- "Confirmation only" is the role of the Bishop (or seek permission)
- Remember OCIA has the option of baptism of a baby
- · Use the proper oils!
- Encourage participation in all of Triduum save them seats!
- · Chrism Mass at St. Sebastian 31 MAR 2026 at 5pm

CELEBRATING INITIATION

Be attentive to the logistics.

- Neophytes light the candles of the assembly and then go change while the assembly professes their faith
- Sprinkling is a natural "stretch break" with music
- Make sure the newly baptized are back for Chrismation
- Think about having a reception/party all night!
- Invite the newly initiated to attend Mass on Easter Sunday wearing their white robe and still smelling of Chrism what a witness to the rest of the community!



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CELEBRATING INITIATION

Extra preparation is essential!

- Accompanyers might help along the way (whisper in their ear as the ritual progresses so they know what's coming next)
- Remember this is a lot to take in, especially for young people
- · Consider who goes first
- Some adaptations are provided in the OCIA follow the ritual





CLOSING PRAYER

O God of unchanging power and eternal light, look with favor on the wondrous mystery of the whole Church and serenely accomplish the work of human salvation, which you planned from all eternity; may the whole world know and see that what was cast down is raised up, what had become old is made new, and all things are restored to integrity through Christ, just as by him they came in to being.

Who lives and reigns for ever and ever. Amen!

(Prayer after the seventh reading at the Great Vigil)

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