

Sample Opt-out Letter

Dear parents:

We are pleased to announce that this school year, we will be providing our students with abuse prevention skills that they can use virtually anywhere—school, home, sports, band, clubs, teams, and in all interpersonal relationships!

Called to Protect™ for Youth is a self-protection training program that uses DVD, facilitated discussions, and interactive activities to teach youths:

- ◆ What their emotional, physical and behavioral boundaries are
- ◆ Ways that child abusers try to violate these boundaries
- ◆ Ways to respond if a person tries to violate their boundaries
- ◆ How to report abuse that has happened or is happening to them or someone they know

The DVD features a diverse group of actors who convey current statistics and skills in a hip studio format. The facilitated discussions encourage kids to talk to each other using their own common language. The interactive activities allow teens of different cultures and backgrounds to unite and work together.

The program, developed by Praesidium, the national leader in abuse risk management, is not sexual education. The content has been written and developed by experts and is age-appropriate for grades five and higher.

Called to Protect™ for Youth will be shown on (insert date) at (insert time).

We recommend all youths have the opportunity to learn these valuable skills. As a parent, you have the option of requesting that your child not participate in the above program. Just fill out the form below and send it to the Religious Education Director for your parish or school.

We look forward to teaching these skills on (insert date)! Thank you for your support.

Sincerely yours,

(insert name)

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Complete and send to the Religious Ed Director for OPT OUT only. I request that my child does not participate in the Called to Protect™ for Youth program.

Student: _____ Parent: _____

Parent signature: _____ Date: _____