



Field Day/Spirit Day 2020



Catholic Diocese
of Cleveland

Target Toss

Karen Sarosy - St. Paschal Baylon School Highland Hts.

Type of Activity: Individual or Family Challenge

Equipment Needed:

- ★ 1 Bean Bag or Sock Ball
- ★ Chalk

Directions:

Toss the object at the target from behind the line...run and bring it back to start and throw again... keeping track of how many points you score in one minute.

Video Link: https://youtu.be/41DmYeVMK_E